

Ask for help if there's autism in the family

Asking for help is a positive step that could make your situation less stressful. Because people with autism have complex needs, parents may find it difficult to entrust the child they care for to anyone else. However, taking a break is really important for your own physical and emotional health.

Taking a break from caring

Some children may also be born with mental health issues. These issues are a product of nature rather than nurture so the child may have a more difficult time dealing with his or her emotional state.

You deserve a break!

Children with special needs can be challenging. It's easy for families to get over-stressed as they deal with their family's needs.



Child Specialized Services

(587) 269-2131

#12, 140 Athabasca Avenue
Sherwood Park, Alberta T8A 4E3



Assisting Hands[®]
Home Care

Child Specialized Services



At Assisting Hands® we tailor our services to fit your needs - whether it's one morning a week, or around the clock. Services are available 7 days a week, 24 hours a day

We customize our services to your needs and schedule!

Getting Started is easy

Contact us for your **FREE** In-home consultation with our home care specialist.

(587) 269-2131

info.edmonton@assistinghands.com
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Child specialized services are provided for children based on the child's and families assessed needs.

Services include:

- Respite services and family support
- Assistance with extraordinary needs related to a child's disability
- Support services provided by Health Care Aid (HCA's)
- Individual care for children with special needs and other medical diagnosis.

Parents often sacrifice their own health and well-being to meet the care-giving needs of their children. Research has demonstrated that respite services can make a significant positive difference in the lives of families, allowing them to take a break and increase their social and emotional well-being. It is also shown to have a positive impact on family relations.

Children with special needs are very unique. We cannot expect any and every worker to be a match for your family. It is crucial to search until you find a respite worker who can provide you with the support you need.



Quality Home Care you can trust