

Your Home. Our Care:



Remain at home where the *Memories are*.

Our Customized

## **Care Services**



Our compassionate caregivers provide peace of mind, while helping you or your loved one remain safe and comfortable at home.

### Our Caregivers

Assisting Hands® caregivers are the foundation of our in-home care services. One of our most important caregiver qualifications is that they are caring, compassionate, and dependable people who enjoy helping others.

You can feel confident in knowing that our caregivers are highly trained, bonded, insured, background checked, and certified in CPR.

### **Our Clients**

Although many people we help are seniors living at home, Assisting Hands® assist people of all ages, and in many situations including:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult
- · People with disabilities
- Hospice patients
- Facility residents who need assistance, whether temporary, or long term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance
- Those suffering from chronic health issues including Dementia, Alzheimer's, Parkinson's, CHF, and COPD





# Assisting Hands<sup>®</sup> Care Services

#### **24-HOUR HOME CARE**

- Complete supervision and safety monitoring
- Companionship around the clock
- Toileting & managing incontinence at all hours
- Establish a consistent daily routine
- Greater fall prevention and assistance
- Peace of mind for remote family members

#### TRANSITIONAL CARE

- Companion & safety care in a medical facility
- Coordination with discharge planning
- Assistance transitioning home
- Assistance with moving to a new location



#### **PERSONAL CARE**

- Bathing and showering
- Grooming and dressing
- Oral care
- Toileting and incontinence support
- Feeding
- Mobility and transferring assistance

#### **COMPANION CARE**

- Cleaning
- Laundry
- Home organization
- Meal preparation and cooking
- Grocery shopping
- Exercise encouragement
- Cognitive stimulation and engagement
- Socialization

#### **SPECIALTY CARE**

- Hospice support
- · Alzheimer's, Cognitive, and Dementia
- Parkinson's Disease
- Diabetes
- Chronic condition care
- Post-stroke

### Assisting seniors to live independently at home

Assisting Hands® is a leading provider of in-home care, offering customized services to meet each client's unique needs.

Our company was founded on the need to serve others by providing home care services, but that is just a part of what we do.

We truly care for our clients and show it through our caregivers by offering them the dignity they deserve, and the environment they thrive in at home.



# We are 5-Star Rated because of the exceptional care we provide to our clients.



We take the quality of care our clients receive seriously. We do everything possible to make certain that our clients are being cared for by well-trained, professional caregivers.

- Caregivers are CPR certified and background checked
- Each client receives a Comprehensive Safety Assessment
- Clients are supervised on a quarterly basis by our Administrator
- Each caregiver is thoroughly trained to meet the needs of our clients in every situation

#### **About The Owner**

Lee Baxter, owner of Assisting Hands Serving Seacoast NH, is a US Navy veteran and served as a Navy pilot. After witnessing the pressing need for high-quality at-home care for his own mother, he made the decision to open an Assisting Hands in Seacoast NH. His dedicated team join

his mission to provide care solutions with compassion and dignity allowing their clients to retain their independence while aging in place.



We can help enhance your quality of life and promote independence at home.



#### **Serving Seacoast NH & Surrounding Areas**

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AssistingHands.com/SeacoastNH

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