



**Assisting Hands**<sup>®</sup>  
Home Care

# Community Care

Services available

8:00 AM - 7:00 PM; 7 days per week



## A la carte services *bundle and save - call us!*

### Household

Light housekeeping..... \$18.00  
(trash, make bed, tidy apartment)

### Laundry (per load)

Wash, dry, fold, put away..\$31.00

### Meals

Deliver meal ..... \$8.00  
Escort to/from dining room\$15.00  
Prepare simple meal..... \$15.00

### Medications

Medication reminder..... \$8.00

### Bathing

Standby assist shower..... \$38.00  
Full assist shower..... \$45.00

### Dressing & Grooming

Sunrise assist..... \$23.00  
(awake, hygiene & dressed)  
Sunset assist..... \$23.00  
(hygiene, pajamas & bed)

### Exercise (20 min)

Take walk or PT exercises...\$23.00

### Toileting

Assist using toilet..... \$15.00  
Change briefs..... \$15.00

### Other

Safety check..... \$8.00

### Miscellaneous (15 min increments)

First 15 min.....\$23.00  
Additional increments.....\$15.00

## Service Packages



1

### Bronze Package

**\$30.00**

per day

Light housekeeping

Medication reminders (2x daily)

2

### Silver Package

**\$55.00**

per day

All Bronze Package services

Prepare/deliver meal (2x daily) OR

Escort to/from dining room (2x daily)

3

### Gold Package

**\$90.00**

per day

All Silver Package services

Sunrise assist

Sunset assist

4

### Platinum Package

**\$135.00**

per day

All Gold Package services

Toilet assist / continence care (4x daily)

## Popular Add-On Services



Laundry (per load) ..... \$21.00

Standby shower assistance..... \$30.00

\*Average savings over a la carte prices

## Need longer visits?

Pay by the hour

2 hours.....\$45.00 / hour

3 hours.....\$38.00 / hour

4 or more hours.....\$34.00 / hour