

# Welcome

## to Assisting Hands®

Meeting the needs of our clients is our mission while helping them safely remain happy and at home.

We understand that providing the very finest personalized in-home care is important to our clients and their loved ones which is why we have built our business and reputation on doing just that. When life's events cause you to need help, we will provide you with highly trained, compassionate and dependable caregivers whom you can rely on.

At Assisting Hands® we also consider communication with our clients and their family members to be a very important part of our care services which is why we provide "real-time" immediate updates through our family-friendly online portal. Our clients soon discover that we understand what is important to them.



### Assisting Hands® Home Care

## Meeting Our Clients' Needs

- Dementia / Alzheimer's Assistance
- Post-Surgery Care
- Maternity Care
- Cancer Patient Care
- Hospice Support



## Our Caregivers

Assisting Hands® caregivers are the foundation of our in-home care services. Some of the most important qualifications to being one of our caregivers is that they are caring, compassionate, and dependable people who enjoy helping others.

Feel confident in knowing that our caregivers are trained specifically to provide in-home care and are bonded, insured and background checked, as well as certified in CPR.



**Assisting Hands®**  
Home Care

**Serving Fort Worth West**

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[AssistingHands.com/fortworthwest](http://AssistingHands.com/fortworthwest)



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**Assisting Hands®**  
Home Care

## Our Services



# Your Home – *Our* CARE®

## *Our Clients*

Although many people we help are seniors living at home, Assisting Hands® Home Care assists people of all ages, in many situations:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult
- People with disabilities
- Hospice patients
- New mothers, or mothers-to-be on restricted activity
- Assisted Living residents who may need more assistance, whether temporary or long term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance



“Assisting Hands was excellent caring for my aging mother! She has Parkinson’s and other debilitating conditions, which required someone to be with her every day, for 8 hours a day. For over 2 years they provided caregivers that were always reliable and outstanding. I would highly recommend them, and have already done so to other family members and close friends.” – **Tracy P.**

“Assisting Hands helped my family handle a very stressful situation. They are great communicators and very dependable—I never worry if my parents are getting the care they need. They have worked hard to find caregivers that fit my parents personalities and needs—both my Mom and Dad are happy and well taken care of. I am extremely grateful for everything they do!” – **Terri R.**



## *Our Services*

### **PERSONAL CARE**

- Personal Hygiene Assistance
- Grooming / Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention



### **SUNRISE/SUNSET SERVICES**

*(Assist with Morning Wake-Up)*

- Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

*(Assist with Evening Tuck-In)*

- Assist with Night Clothes
- Grooming / Oral Care
- Medication Reminder



### **PERSONAL ASSISTANCE SERVICES**

- Grocery Shopping / Couponing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

### **RESPITE SERVICES**

*(2 Hours to 24 Hour Care Available)*

- A Needed Break for Family Caregiver

### **HOUSEKEEPING SERVICES**

- Empty Trash / Sanitize Container
- Change Linens / Make Beds
- Mopping / Vacuuming Floors
- Dusting / Polishing Furniture
- Clean Refrigerator Interior
- Washing and Drying Dishes
- Straightening Up Each Room
- Laundry / Folding and Ironing

### **OTHER SERVICES**

- Medical alert alarms & equipment