

SPECIAL ADVERTISING SECTION

ASK THE EXPERTS

*Seniors & Aging*



## Steve and Cathy Lorberbaum

OWNER, CERTIFIED SENIOR ADVISOR,  
ASSISTING HANDS HOME CARE

### How do you determine what services are needed in the home?

Assisting Hands Home Care recognizes that individuals have different needs and requirements and those needs are constantly evolving. When we get a call, we listen. Communication is key. Our clients want to be as independent as possible, so after we have a good understanding of the clients' needs, we help with that goal by providing a wide range of non-medical and personal care services: companionship, transportation to medical appointments, errands and shopping, meal preparation, light housekeeping, bathing and personal grooming.

These services may be needed on a temporary or long-term basis, a few hours a week or 24/7. We work with clients and their loved ones to develop flexible and customized support programs to assist with daily living. Our clients include those wishing to age in place, surgical recovery, dementia care and patient advocacy in a facility.

### How do you choose the caregiver?

Our caregivers are the heart of Assisting Hands Potomac. Each caregiver is an employee, not a contractor. We screen and train each prospective employee. Our caregivers are state licensed Certified Nurse Aides and specifically trained to provide in-home care. All the caregivers are bonded, insured, certified in CPR and receive national, state and local background and motor vehicle checks.

Based on conversations with the prospective client and family, we select the caregiver that best meets their needs based upon their skills and personality. We take pride in finding the right caregiver for each unique situation. If ever a caregiver is not the exact right fit, we gladly make a change so that everyone is completely satisfied.

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