

ASSISTIVE TECHNOLOGY FOR SENIORS

CAREGIVERS



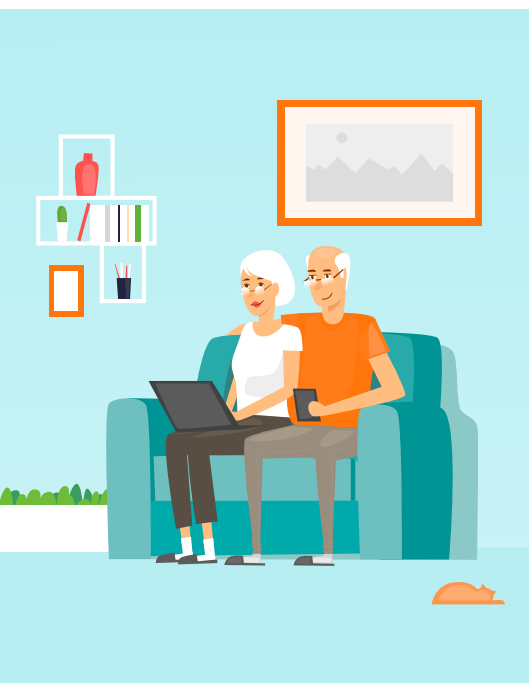
Assistive Technology

Technology to Improve Senior Lives

Assistive technology can make a difference in seniors' lives. Learn about technologies that are designed especially for seniors.

One of the benefits of technology is that it can improve quality of life. Assistive technology for seniors is designed to enhance safety and well-being.

Assistive technology for seniors supports their health, safety, and quality of life. There are many types of technology designed for these purposes. Some of these technologies are digital and cutting-edge, others are more basic.



Most Common Assistive Devices for Seniors

There are many types of devices designed to help seniors. The following are the most popular:

- Hearing Aids
- ACTIVATOR Poles
- Buttoning Aid Hook
- Bed Handles
- Long Reach Comfort Wipe
- Medical Alert Devices
- Voice-Controlled Alarm Clocks
- TV Ears
- Uplift Seating Device
- Chair Lifts
- Computer Magnifier Software
- Tablets or iPads
- Robotic Vacuums
- Video Doorbell
- Monitoring Devices
- Voice Command Devices

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Assistive Technology

How to Choose an Assistive Device

With all the options out there for assistive devices, it can be a challenge to know how to choose the right one. Seniors can use these tips to choose the best assistive devices for their needs:

How to Research

Online searches, customer reviews, and senior service agencies are great places to find out about the kinds of assistive technologies out there. When it comes to comparing the devices themselves, it's best to use verified sources like Consumer Reports.

Where to Buy

Assistive technologies can sometimes be purchased directly from the companies that manufacture them. Big box stores like Best Buy or Walmart sometimes carry devices. Online retailers, like Amazon.com, often sell assistive technologies as well.

What to Consider Before Purchasing

There are several steps you should take before purchasing assistive technology.

- Compare consumer product reviews
- Verify the manufacturer's reputation with the Better Business Bureau
- Look for coupons or discounts
- Check on return policies



Home Care Tip

If seniors need an assistive device but find it is too expensive, encourage them to look for grants or other types of aid. Check www.cta.tech for examples of programs.

Benefits of Assistive Devices

- Help seniors age in place
- Increase independence
- Improve quality of life
- Enable social connections
- Protect senior safety
- Support senior health
- Enhance convenience
- Restore senior confidence

Technology for Senior Homes

Seniors living at home can especially benefit from assistive technology. There are many adaptations that can be made to homes to improve senior safety.

Smart senior home technology can include:

- Voice-activated lights and alarms
- Video doorbells and monitors
- Chair lifts and other lift devices
- Accessible fixtures
- Mobility aids
- Adaptive switches for equipment
- Amplifiers for devices with sound
- Modern communication devices

(Nextavenue.com)

