

our clients

Although many people we help are seniors living at home, Assisting Hands® Home Care assists people of all ages, in many situations:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult
- People with disabilities
- Hospice patients
- New mothers, or mothers-to-be on restricted activity
- Assisted Living residents who may need more assistance, whether temporary or long term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance

our caregivers

Our caregivers are the heart of Assisting Hands®. Their most important credential is that they are caring, compassionate people who enjoy helping others!

Assisting Hands® caregivers are trained specifically to provide in-home care. They are bonded, insured and background checked, as well as certified in CPR and First Aid.



Robbie McCullough Robbie McCullough is a 30 year Financial Services veteran with a passion for care giving. Building a home care business is a life long aspiration of his due his personal life experiences as well as prior corporate history.

He was instrumental in the care and upbringing of his older sister who had Downs Syndrome. She recently passed away further stirring his desire to make a personal impact in his local community by allowing those in need to age with dignity.

Robbie and his staff are very passionate about giving their clients the very best care possible. Trusting a caregiver with your loved one is an important task that they do not take lightly. We put patient care at the forefront of everything we do.

Maybe you are the family caregiver that needs a break or a little extra help. Call us for a free in home consultation at:



Quality Home Care You Can Trust®

OUR QUALITY HOME CARE SERVICES

214-420-1212

www.assistinghands.com/prestonhollow



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DADS Lic # 017250

Home – at **Assisting Hands**, our mission is to offer our clients, your loved ones, the very finest personalized in-home care, allowing them to live safely and comfortably in their homes.

But sometimes life's natural events - aging, illness, or disability- can make living independently at home more difficult. At Assisting Hands Home Care® we understand. Our trained, dependable caregivers can help overcome those challenges, and make home an even better place to be!

Assisting Hands® provides assistance with the activities of daily living – whether preparing a meal, assistance with bathing, or safety and fall protection – all in the privacy and comfort of your own home.

We tailor our services to fit your needs – whether it's one morning a week, or around the clock. Services are available 7 days a week, 24 hours a day.

We customize our services to your needs and schedule!

getting started is easy

*Call today for your free
in-home consultation
with our home care specialist.*

214-420-1212

6600 LBJ Freeway
Suite 188
Dallas, TX 75240



our services include:

Personal Care

- Personal Hygiene Assistance
- Grooming with Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

Sunrise/Sunset Services

(Assist with Morning Wake-Up)

- Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

(Assist with Evening Tuck In)

- Assist with Night Clothes
- Oral Care / Grooming
- Medication Reminder

Personal Assistance Services

- Grocery Shopping / Couponing
- Closet / File Organizing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

Respite Services

(2 Hours to 24 Hour Care Available)

A Needed Break for Family Caregiver

Housekeeping Services

- Empty Trash / Sanitize Container
- Change Linens / Make Beds
- Mopping / Vacuuming Floors
- Dusting / Polishing Furniture
- Clean Refrigerator Interior
- Washing and Drying Dishes
- Straightening Up Each Room
- Laundry / Folding and Ironing
- Dust Window Ledges / Mop Boards

Dementia / Alzheimer's Assistance

(Stimulate Mental Awareness)

- Reading / Listen to Music
- Help Writing Letters
- Playing Cards / Games
- Family Photo Albums
- Craft Projects
- Monitor Television Viewing
- Take on Outings
- Personal Hygiene

Post-Surgery / Maternity Services

- Assist with Bathing and Grooming
- Housekeeping
- Meal Preparation
- Grocery Shopping / Errands
- Laundry / Changing Linens
- Answer the Door / Telephone
- Assist with Mobility / Transferring
- 24 Hour Care Available

Other services

- Medical alert alarms and equipment
- Remote Video Monitoring

