

# Medication Changes in Older Adults

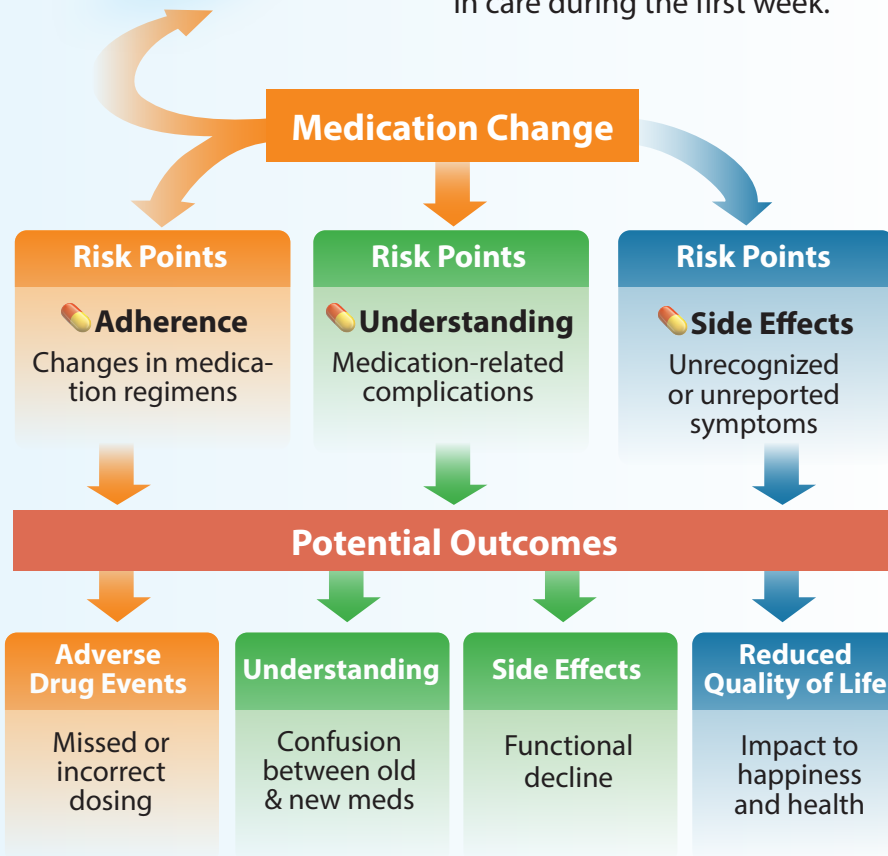
## A Critical Point of Risk

Medication changes are a common and necessary part of managing chronic conditions in older adults. However, changes in medication regimens are a significant source of adverse events when not properly supported at home.

### Medication Changes in Older Adults: A Critical Point of Outcomes



The transition from hospital to home is one of the highest-risk periods for older adults. Despite clear discharge instructions, most patients experience significant breakdowns in care during the first week.



### According to the National Institute on Aging...

- Nearly 50% of older adults take five or more medications.
- Medication-related complications are a leading cause of hospital visits.

### Home Care Helps

#### Adherence

Ensures medications are taken correctly and consistently, reducing missed doses and errors.

#### Monitoring

Observes for side effects or changes, allowing early intervention before complications escalate.

#### Clarity

Reinforces understanding of medication changes, preventing confusion between old and new regimens.

#### Coordination

Supports communication between providers, families, and pharmacies to ensure seamless care.

## Medication Safety Requires Daily Oversight

Our home care services help ensure medications are taken correctly, consistently, and safely, reducing preventable complications.