

THE PASSWORD PROBLEM

What happens when nobody knows how to access your life?

Thirty years ago, helping a parent during a health crisis meant finding a checkbook and a filing cabinet. Today, much of life is locked behind a password.

Your life is stored in more places than ever!



ONLINE
BANKING



MEDICAL
PORTALS



PRESCRIPTION
SERVICES



INSURANCE
ACCOUNTS



CELL PHONE
ACCESS



EMAIL



Would someone you trust know how to access the information necessary to help **in an emergency?**



QUICK CHECK

- ☐ Someone I trust knows where my important documents are located.
- ☐ Someone can access my medical information if needed.
- ☐ My emergency contacts are up to date.
- ☐ My bills and accounts are organized.
- ☐ A trusted person could step in if I were temporarily unable to manage things myself.

MORE QUESTIONS WORTH ASKING

Having access to important information is only one piece of the puzzle.

- ❓ Who would notice if appointments were being missed?
- ❓ Who could help keep track of important paperwork?
- ❓ Who would recognize changes in routines, habits, or wellbeing?
- ❓ Who could provide support if a temporary health issue made daily tasks more difficult?



HOW HOME CARE HELPS

Professional caregivers do more than assist with daily tasks. They help seniors stay organized, maintain routines, communicate concerns, and remain independent at home. **Call us to learn how home care helps seniors stay home.**



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