

# Your Home – *Our* CARE®

## *Our Clients*

Although many people we help are seniors living at home, Assisting Hands® Home Care assists people of all ages, in many situations:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult
- People with disabilities
- Hospice patients
- New mothers, or mothers-to-be on restricted activity
- Assisted Living residents who may need more assistance, whether temporary or long term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance



“Assisting Hands was excellent caring for my aging mother! She has Parkinson's and other debilitating conditions, which required someone to be with her every day, for 8 hours a day. For over 2 years they provided caregivers that were always reliable and outstanding. I would highly recommend them, and have already done so to other family members and close friends.” – Tracy P.

“Assisting Hands helped my family handle a very stressful situation. They are great communicators and very dependable—I never worry if my parents are getting the care they need. They have worked hard to find caregivers that fit my parents personalities and needs—both my Mom and Dad are happy and well taken care of. I am extremely grateful for everything they do!” – Terri R.

## *Our Caregivers*

Feel confident in knowing that our caregivers are trained specifically to provide in-home care and are bonded, insured and background checked, as well as certified in CPR.

## *Our Services*

### PERSONAL CARE

- Personal Hygiene Assistance
- Grooming / Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

### SUNRISE/SUNSET SERVICES

*(Assist with Morning Wake-Up)*

- Assist with Bathing & Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

*(Assist with Evening Tuck-In)*

- Assist with Night Clothes
- Grooming / Oral Care
- Medication Reminder

### PERSONAL ASSISTANCE SERVICES

- Grocery Shopping / Couponing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

### RESPIRE SERVICES

*(2 Hours to 24 Hour Care Available)*

- A Needed Break for Family Caregiver

### HOUSEKEEPING SERVICES

- Empty Trash / Sanitize Container
- Change Linens / Make Beds
- Mopping / Vacuuming Floors
- Dusting / Polishing Furniture
- Clean Refrigerator Interior
- Washing and Drying Dishes
- Straightening Up Each Room
- Laundry / Folding and Ironing

### OTHER SERVICES

- Medical alert alarms & equipment



**Contact us today!**



**Assisting Hands®**  
*Home Care*

**Click on** the web address below to find a location near you and have an Assisting Hands® representative contact you for a free in-home consultation with our home care specialist.

[AssistingHands.com/WAustin](https://AssistingHands.com/WAustin)

## Meeting Our Clients' Needs:

- Dementia Assistance
- Maternity Care
- Alzheimer's Assistance
- Cancer Patient Care
- Post-Surgery Care
- Hospice Support