

HONOR THE LIFE THEY'RE LIVING NOW

A Veterans Day conversation guide for families and care partners

On November 11, we honor those who served. One way to carry that gratitude forward is to ask what matters to the veteran today-- and listen to the answer.

FOUR QUESTIONS WORTH ASKING

ASK THE VETERAN OR FAMILY...	LISTEN FOR...
"What does a good day at home look like?"	Routines, activities, and choices they want to keep
"What has become harder to do?"	Changes with meals, personal care, errands, or socializing
"Who is helping now?"	A spouse or family member taking on more than they can sustain
"Have you asked about VA support at home?"	Services or benefits the family have not explored

★ Invite veterans to share their service stories if they wish. Let them decide what they want to tell. ★

TURN THE CONVERSATION INTO SUPPORT

The answers can shape a home care plan around the veteran's priorities.

- ★ Protect a good day: Companionship and help going to activities they enjoy.
- ★ Make daily tasks easier: Support with meals, bathing, dressing, and errands.
- ★ Give family caregivers relief: Scheduled help so a spouse or family member can take a break.
- ★ Explore available resources: Ask the VA about home care services and whether the veteran qualifies.

Know a veteran whose needs at home are changing?
Let's talk about the support they would welcome and help the family identify their next step.

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