

Our Caregivers

We highly value our outstanding caregiver team as they are the heart of Assisting Hands. Our goal is to hire the very best caregivers possible. We look for those who are compassionate, kind, devoted, and have a strong desire to make a difference in someone's life.

All of our caregivers are trained to provide quality in-home care services specific to your needs. We also provide one-on-one training as needed for specific care needs.

Caregiver Requirements

- Level 1 fingerprint clearance card
- 3 positive work references
- CPR and First Aid Training
- Negative Tuberculosis (TB) test
- Orientation and Caregiver training classes

State Required Training Includes:

- Caregiving Fundamentals
- Aging and Physical Disabilities
- Alzheimer's and Dementia
- Developmental Disabilities

Advanced Courses

- Post Hospital Care
- Advanced Dementia Care
- Parkinson's
- Post Cancer
- Post Surgery
- Hoyer Lift
- Diabetes Care
- Parkinson's
- ALS



Why Choose Assisting Hands?

We have served Valley Residents since 2008. We are proud of our high quality services and have a reputation for going "above and beyond" for our clients and their families.

Here's a testimonial from a family we served for over 3 years.

"Doc"

"I've spent a lot of time visiting Doc since his stroke almost three years ago. I have enjoyed getting to know his caregiver, Reid. I'm very impressed at Reid's level of care. He is professional, yet also very personable. He is caring, thoughtful and compassionate. What impresses me most is the way he treats Doc with dignity and respect. These are hard traits to come by and Reid personifies them all. I know the family feels very fortunate to have Reid care for their beloved Doc." Lisa L. – Family Friend



Reid Finlayson

2016 Assisting Hands National Caregiver of the Year with his client "Doc".

(Sadly "Doc" passed away in March 2017).



Assisting Hands[®]
Home Care

Quality Home Care You Can Trust[®]

What are "Home Care" Services?

I'm Going Home From the Hospital, Now What?

How are Your Caregivers Screened and Trained?

Our experienced and dedicated team at Assisting Hands Home Care is here to assist you with your in-home care needs.

Call us Today!

Phoenix 602-374-5775

Scottsdale 480-767-3246

Chandler 480-404-7818

www.assistinghands.com/phoenix

Main Office:

**3320 W Cheryl Dr #B120
Phoenix, AZ 85051**



Our Home Care Services

As we age or suddenly face the challenges of an illness, injury or disability, basic daily tasks can become difficult, unsafe or painful to complete. We understand how these changes can affect not only you, but your family and loved ones as well.

Our services include the following:

- Personalized in-home assessment
- An individualized care plan
- Home safety evaluation
- Information on other services, equipment or assistance you may need or qualify for.

Our experienced caregivers will assist with the safe completion of the individualized care plan and support each person's dignity and independence in the safety and comfort of your own home.

We Provide:

- Personal Care (bathing/dressing/toileting)
- Companionship/Supervision
- Meal Preparation/Feeding
- Medication Reminders
- Grocery Shopping/Errands
- Light Housekeeping/Laundry
- Accompany to Doctor
- Companion pet care

There are no minimum or maximum hours of service required!

Coming Home from the Hospital? Now What?

Statistics show that nearly 25% of all Medicare patients return to the hospital within 30 days of being discharged. More than **75%** of Medicare readmissions could be prevented if the patient had care and support after they were discharged from the hospital.

Causes of Readmission

Many of our elderly residents have moved to Arizona for the moderate climate, leaving their children and other family members behind. A hospital stay, for any reason, can be traumatizing for anyone, but more so for our aging family members or an elderly person who lives alone.

Four Main Reasons for Readmission:

Poor Follow Up: More than half of patients who are readmitted within 30 days did not follow up with their primary care doctor.

Poor Medication Management: 75% of patients fail to either: pick up their new medications, take them correctly, understand the directions, or remember a new medication schedule.

Poor Communication: More than 50% of patients do not communicate changes in their condition to their primary care doctor. What could be a simple office visit ends up being a readmission.

Living Alone: A person that lives alone has a 50% or higher chance of being readmitted.



Our Solution:

Assisting Hands Home Care will Coordinate with the hospital discharge team to ensure we fully understand the post hospital care needs, any necessary follow up and who needs to be communicated with.

We Will:

- Be there when you arrive home
- Pick up new prescriptions
- Schedule follow up doctor appointments
- Accompany to Doctor Appointments
- Monitor Change in condition and report
- Assist with the use of new equipment (wheelchair, walker, Hoyer, etc.)
- Fall Prevention, Awareness, and Education
- Illness/Recovery Specific Education
- Communication with Doctor or Nurse
- Home Safety Evaluation
- Personal Care Assistance
- Meals and Proper Nutrition
- Light Housekeeping/Laundry
- Companionship/Supervision

Safety and Peace of Mind!

No Contracts!

www.assistinghands.com/phoenix