



Quality Home Care You Can Trust®

Hospital Readmissions

Statistics show that nearly 25% of all Medicare patients return to the hospital within 30 days of being discharged. More than **75%** of Medicare readmissions could be prevented if the patient had care and support after they were discharged from the hospital.

Four Main Causes of Readmission

Many of our elderly residents have moved to Arizona for the moderate climate, leaving their children and other family members behind. A hospital stay for any reason is traumatizing for anyone, but more so for an elderly person or someone who lives alone.

Four main reasons for readmission are:

1. **Poor Follow Up:** more than half of patients who are readmitted within 30 days did not follow up with their primary care doctor.
2. **Poor Medication Management:** 75% of patients fail to take their medications correctly due to the inability to understand the directions or remember a new medication schedule.
3. **Poor Communication:** More than 50% of patients do not communicate changes in their condition to their primary care doctor. What could be a simple office visit ends up being a readmission.
4. **Living Alone:** A person that lives alone has a 50% or higher chance of being readmitted.

Our Solution:

Assisting Hands Home Care will provide any combination of the following services as needed:

- **Coordinate with the hospital discharge team to ensure proper follow up**
- **Pick up New Prescriptions/Medication Reminders**
- **Schedule follow up doctor appointments**
- **Transport to doctor appointments (if needed)**
- **Monitor change in condition and report**
- **Assist with the use of new equipment (wheelchair, walker, Hoyer, etc.)**
- **Fall Prevention, Awareness, and Education**
- **Illness/Recovery Specific Education**
- **Communication with Primary Doctor or Nurse**
- **Home Safety Evaluation**
- **Personal Care Assistance**
- **Meals and Proper Nutrition**
- **Light Housekeeping/Laundry**
- **Companionship/Supervision for Safety and Peace of Mind**



Caregiver Education

We hire experienced caregivers and/or CNA's to provide care. We offer a variety of educational topics and information to educate our care team on the most common issues that affect a patient when discharged from the hospital. We also provide patient specific training and education as needed.

Our Caregiver Education Includes:

- Alzheimer's and Dementia Care
- Parkinson's Care
- Post Hospital Care
- Dealing with Difficult Behaviors
- Fall Prevention
- C.O.P.D. and C.H.F.
- Stroke Recovery
- Heart Attack Recovery
- Post-Surgical Recovery
- Diabetes
- Safe Transfer Techniques
- Monitoring Change in Condition
- Documenting and Reporting Procedures

Our caregivers must also have the following:

- Level 1 Fingerprint Clearance Card
- CPR and First Aid Training
- A Negative Tuberculosis (TB) Test

A Supervisor will conduct onsite home visits on a weekly or monthly basis as needed to monitor the patient's recovery and ensure they are receiving proper care. Any issues or concerns are reported to their primary care physician or designee.

FREE Assessments!

No minimum or maximum hours of service required!

No contracts to sign!

**Call us Today! 602-374-5775 Phoenix/West Valley – 480-767-3246 Scottsdale
480-404-7818 Chandler/East Valley**