

IN PERSON on August 5!

JF&CS Memory Café

A welcoming place for individuals & families living with changes in their memory or thinking. Bring your coffee and enjoy conversation with new friends of all ages.



When: Friday, August 5, 2022, 10:00 a.m. – noon

Where: JF&CS Headquarters, 1430 Main Street, Waltham
Please RSVP to Beth Soltzberg at bsoltzberg@jfcsboston.org or 781-693-5628 by July 25.

Fee: No charge. [Donations](#) gratefully accepted.



Join us for our next session, IN PERSON:

Friday, August 5, 10:00 a.m. – noon

Join us on Zoom as expressive dance and movement specialist Donna Newman-Bluestein shares the power of dance to inspire, uplift, and heal. Come for gentle exercise and enjoyment. No experience necessary!

(We will be back on Zoom for our 9/9/22 gathering!)




JF&CS Memory Café is brought to you in collaboration with the Waltham Student Group at Brandeis University. We gratefully acknowledge the support of Assisting Hands Home Care. To learn about other memory cafés in our region, visit www.jfcsboston.org/MemoryCafeDirectory.



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