

VIRTUAL JF&CS Memory Café

A welcoming place for individuals & families living with changes in their memory or thinking. Bring your coffee and enjoy conversation with new friends of all ages.



When: Friday, November 4, 2022, 10:00 a.m. – noon

Where: On Zoom. Please RSVP to Beth Soltzberg at bsoltzberg@jfcsboston.org or 781-693-5628 by November 3.

Fee: No charge. [Donations](#) gratefully accepted.



Join us for our next session:




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Art Sullivan will lead us in dance and movement. Art trained with the Mark Morris Dance Company in New York and has taught dance to people of all ages, abilities, and styles, and he is one of our JF&CS Memory Café favorites! Dancing is good for the body and soul! Join us for gentle exercise, great music, and joy.

JF&CS Memory Café is brought to you in collaboration with the Waltham Student Group at Brandeis University. We gratefully acknowledge the support of Assisting Hands Home Care. To learn about other memory cafés in our region, visit www.jfcsboston.org/MemoryCafeDirectory.



Alzheimer's/Related Disorders Family Support

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