

Welcome to Assisting Hands®

We are dedicated to helping our clients remain safe, happy, independent, and comfortable wherever they call home.

Our commitment is to provide exceptional, personalized in-home care – because we know how important it is to both our clients and their loved ones. We've built our reputation on reliable, and highly trained caregivers you can trust when life's challenges requires compassionate care at home.

We believe that great care goes beyond daily tasks. Clear, consistent communication with families is at the heart of what we do. Through our family-friendly online portal, we offer realtime updates, ensuring you stay connected and informed every step of the way.

At Assisting Hands, we take the time to understand what matters most—delivering peace of mind and care you can count on.



Experience True Care with Assisting Hands® Home Care

We believe care is more than just doing a task for someone. Nearly two decades of senior care has shown us that selecting the most compassionate caregivers, and providing holistic solutions, is why we become essential to our clients.

Complimentary Visit

Call us to schedule a free in-home consultation and explore care options tailored to you. We'll meet in the comfort of your home, where you and your loved ones can ask questions and share your desired outcomes. From there, we'll design a personalized care plan to support your goals and quality of life.

**We are 5-Star Rated
because of the
exceptional care we
provide to our clients.**



“Assisting Hands was excellent caring for my aging mother! She has Parkinson's and other debilitating conditions, which required someone to be with her every day, for 8 hours a day. For over 2 years they provided caregivers that were always reliable and outstanding. I would highly recommend them, and have already done so to other family members and close friends.” – Tracy P.

“Assisting Hands helped my family handle a very stressful situation. They are great communicators and very dependable – I never worry if my parents are getting the care they need. They have worked hard to find caregivers that fit my parents personalities and needs. Both my Mom and Dad are happy and well taken care of. I am extremely grateful for everything they do!” – Terri R.



Assisting Hands®
Home Care

**Serving Littleton, Lakewood,
Highlands Ranch & Surrounding Areas**

10288 W Chatfield Avenue, Suite 301 • Littleton, CO 80127

720.779.0299

AssistingHands.com/Littleton



©2025 Assisting Hands® Home Care, Nampa, Idaho 83687. All Rights Reserved.



Our Customized Care Services



Your Home. Our Care.™

Assisting Hands® Home Care is here **for you.**

At Assisting Hands, we understand that maintaining independence, living with purpose, and ensuring quality of life are paramount. Our compassionate caregivers provide the support you need to feel safe, supported, and engaged – happy at home.

We design individualized care plans that not only meet daily needs but also promote dignity, well-being, and peace of mind for the entire family. We offer flexible shifts from one hour to 24-hour care because your needs are unique, and so is our care.

Our Caregivers

Care starts with the right people. Our caregivers are selected for their compassion, reliability, and dedication to making a positive difference.

Trained specifically for in-home care, they are bonded, insured, and thoroughly background checked. They also receive continuing education including chronic condition management. With Assisting Hands, you gain more than a caregiver, you gain a trusted partner in supporting independence and enhancing quality of life.



Our Clients

Although many people we help are seniors living at home, Assisting Hands assists adults of all ages, and in many situations including:

- Individuals with medical conditions that cause fatigue, weakness or general need for assistance
- Adults with disabilities
- Patients following hospitalization or surgery, when walking, standing or driving may be difficult
- Hospice patients
- Facility residents who need assistance, whether temporary, or long term
- Those suffering from chronic health issues including Dementia, Alzheimer's, Parkinson's, MS, CHF, and COPD
- New mothers, or mothers-to-be on restricted activity

Assisting Hands® Care Services

TRANSITIONAL CARE

- Companion & safety care in a medical facility
- Coordination with discharge planning
- Assistance transitioning home
- Assistance with moving to a new location

PERSONAL CARE

- Bathing and showering
- Grooming
- Dressing
- Oral care
- Toileting and incontinence support
- Feeding
- Mobility and transferring assistance

24-HOUR HOME CARE

- Complete supervision and safety monitoring
- Companionship around the clock
- Toileting & managing incontinence at all hours
- Establish a consistent daily routine
- Greater fall prevention and assistance
- Peace of mind for remote family members

COMPANION CARE

- Cleaning
- Laundry
- Home organization
- Meal preparation and cooking
- Grocery shopping
- Exercise encouragement
- Cognitive stimulation and engagement
- Socialization

SPECIALTY CARE

- Cognitive Decline, Dementia, and Alzheimer's Disease
- Hospice Care
- Chronic Condition Care
- Respite Care
- Surgery Recovery
- Post-Stroke
- Diabetes
- Parkinson's Disease, Multiple Sclerosis, and ALS

